

# New to Canterbury?

Register with a General Practice team  
for your health care needs



When settling in Canterbury you need to register with a General Practice Team. This team will become your first point of contact for health advice and care.

Registering with a General Practice team is the first step to ensuring you get the right care at the best price.

For information about locating a General Practice Team or other health services in Canterbury go to [www.cdhb.health.nz](http://www.cdhb.health.nz)

Once registered you can also call your General Practice Team 24 hours a day seven days a week, for free health care advice.

In Christchurch there are three after-hours clinics.

They are equipped to provide urgent medical care, treat fractures, broken bones, wound care, minor surgery and more. *Details overleaf.*



### 24 Hour Surgery

401 Madras Street

Entrance on the left just before Bealey Avenue

Phone: (64) 3 365 7777

Open 7 days a week, 24 hours a day

### Moorhouse Medical Centre

3 Pilgrim Place

Phone: (64) 3 365 7900

Open 7 days a week, 8am - 8pm

### Riccarton Clinic

4 Yaldhurst Road, Upper Riccarton

Phone: (64) 3 343 3661

Open 7 days a week, 8am - 8pm

### Serious / life-threatening situations

Christchurch Hospital's emergency department is always open for those with serious and life-threatening conditions. In an emergency call 111.

Emergency mental health services are available 24 hours every day.

Freephone: 0800 920 092.

### Eligibility

To check your eligibility for publicly funded health care go to [www.moh.govt.nz/eligibility](http://www.moh.govt.nz/eligibility)

For information about accident cover go to ACC's (Accident Compensation Corporation) website, [www.acc.co.nz](http://www.acc.co.nz)