



Thanks for the part you played in our significant achievements during 2016

With only a few weeks until the end of the year, I thought it timely to look back at some of our health system achievements over the past 12 months.

The transformation of the Canterbury Health System is evolving, and we are continuing to progress new ways of providing more services closer to where people live and work.

Our **Mental Health Services** have continued to cope admirably with an unprecedented increase in demand post-quake, which has continued this year. Responsiveness to the needs of the community has been key, as has collaboration across the whole of the health system and across the sector. A highlight was the commendation awarded by the NZ Police District Commander to two of our Watchhouse nurses for their service to the community and the role they have played in improving our working relationship with the Police and their responsiveness to consumer needs.

The assistance from EY (formerly Ernst & Young) in drawing up a business case for the facility options for our mental health services stranded on The Princess Margaret Hospital site was also a significant achievement. This Business Case is to be presented to the Board this week.

We saw the opening of **The Loft** in the middle of the year – a place in the middle of a shopping mall where people can access a range of health and social services. We've developed



new models for providing Community Services and there's increasing collaboration with other government

agencies in a range of areas. Our success in falls prevention and using data to measure the effectiveness of interventions has led to us working with ACC in a falls prevention programme.

Community HealthPathways, an online guidance system for primary care clinicians that we developed right here in Canterbury, is now successfully guiding the care of up to 25 million people around the globe including much of New Zealand and almost all of Australia. This year, HealthPathways was adopted in the UK by the South Tyneside Clinical Commissioning Group, a health and social service provider site for the National Health Service (NHS) in the UK.

Hospital HealthPathways are also up and running and proving their worth throughout our hospitals. Because both systems are localised, readily updated and co-designed with clinicians, they meet their needs for timely advice and step-by-step instructions on best-practice diagnostic testing and management of an increasing range of common conditions.

In November we welcomed delegates from around the world to the International HealthPathways conference held in Christchurch. It was a fantastic opportunity to share success stories from all the HealthPathways community members.

As the biggest employer in the South Island, **our recruitment team looked at 55,259 applications** and recruited a total of 1,598 fantastic employees. If you're one of our new recruits I hope you've enjoyed your time with us so far. It was heartening to see so many of you respond to our staff wellbeing survey this year. There's more on wellbeing in a guest editorial on page 6 from Michael Frampton, General Manager of People and Capability.

» Article continues on page 2

In this issue

- » Visit by Sichuan Province health officials... page 9
- » Buzz Aldrin at Christchurch Hospital... page 10-11
- » Big donation for Child Health... page 12
- » Something for you, 12 Days of Christmas winners... page 13
- » The next leg of Brackenridge's journey... page 14
- » Presentation on Men's Health | Special Burwood advent calendar... page 15
- » Former CDHB shuttle driver Pat Chapman retires from St John... page 16
- » Dale Ballie leaves Burwood Hospital after nearly 20 years... page 17
- » Christmas Services at Burwood | TMPH Chapel wall hangings | CEO Update | Pre-Christmas meal a huge success! ... page 18
- » One minute with... page 19

» Article continues from page 1

Our Planning and Funding team coordinated responses to **more than 384 Official Information Act (OIA) requests** received this year for Canterbury and West Coast DHBs. In Canterbury we've seen a massive 292% growth in the number of OIAs received since 2011, and this looks set to continue as

we head into an election year in 2017. I know that answering these requests has taken thousands of hours from individuals from throughout the organisation – I would like to thank you for your work to meet the tight timeframes, which always come on top of a busy day job.

Some of the milestones and highlights of 2016 have included:



1 Feb – Government gave the go-ahead for our **new outpatients building**, now well underway in St Andrews triangle. The first concrete pour for the foundations will take place before Christmas.



9 Feb – The **main entrance to Christchurch Hospital was closed** for a short time due to glass shattering from a canopy over the main entrance. A temporary container entrance was installed within hours. Disruptive earthquake repairs have continued at Christchurch Hospital throughout the year.

14 Feb – The **5.7 magnitude Valentine's Day quake** hit and rattled everyone's nerves. Once again there was an incredible response from our health system.

22 Feb – We marked the **5th anniversary of the 2011 quake**. We're now a couple of months away from the 6th anniversary and still carrying out quake repairs to our facilities.

In March we celebrated when the **South Island's one millionth electronic referral** for specialist advice and assessment was sent and received. This is of huge benefit to patients as it contributes to more timely care. Importantly, transfers are instant and secure.

We can also celebrate having key health information for **800,000 South Islanders stored electronically on HealthOne**, our electronic health record. HealthOne saves lives by ensuring clinicians, pharmacists, community nursing teams and general practice teams have instant access to current health information. Another milestone was reached this year when St John staff could also access this information.

More than 300 staff members from the Older Persons Health & Rehabilitation, outpatient and community services went live with the **South Island Patient Information Care System (SIPICS)** in May, making them the first in New Zealand to use the patient management and administration software.

The SI-PICS go-live, which was the first step in the rollout across the South Island, saw more than 75,000 patient records migrated from our legacy systems to SIPICS and more than 1,300 hours of training provided to staff.

Today, a major upgrade to that software (outpatient and community) has gone live. OPH&R inpatient staff are next up, with go-live scheduled for the New Year.



15 April – The new **Kaikoura Health centre was opened by the Minister of Health, Hon Jonathan Coleman**. We celebrated this new \$13.4 facility – Kaikoura Health Te Hā o Te Ora - with a real community-focused event. It replaced the 100+ year old weatherboard hospital. I'm very pleased to report that Kaikoura Health came through this latest series of quakes with only cosmetic damage. It became a community hub as the only building with power and wifi in the early days after the November 14th quake.



26 May – The **blissing of Burwood Hospital** was a magnificent occasion, with more than 25 different clergy

» Article continues on page 3

» Article continues from page 2

overseeing the proceedings. They were joined by staff and Board members in a multi-denominational service in which every room in the new facilities at Burwood Hospital was blessed.



29 May – It was a wintry Sunday when we opened the new doors of Burwood Hospital to the public for an official **Open Day** and we were amazed that more than 15,000 people – many of them older folk – braved the elements, and in some cases caught a couple of buses, so they could come and have a look around their new health facilities for older people at Burwood Hospital.



13-16 June – **More than 140 patients were moved** from the old facilities at The Princess Margaret Hospital to Burwood Hospital. While there were a few teething problems in the early days, the new ways of working are now bedded-in and patients and their visitors continue to be so impressed and grateful for the stunning new facilities we have created at Burwood.

30 June – It was a sad day for many midwives, staff and mothers who have previously given birth at Burwood. A Poroporoaki – a Maori farewell ceremony – was held to mark the **closure of the Burwood birthing unit**. It was closed for safety reasons.



1 July – **Tūhauora, a one-stop shop for addiction services, was opened** on Washington Way in central Christchurch. It brings together a range of providers working under one roof.

18 July – We held a **Blessing of the site for the new Outpatients building**, including a waiata and prayers from our Kaumatua, Maurice Gray, and our own hospital chaplain's team ably led by Hilary Barlow.



Outpatients blessing



Burwood opening



19 August – Once everyone had moved in and the grounds were finished, it was time for the **official opening of Burwood Hospital** by the Prime Minister, the Rt Hon John Key. This was a magnificent occasion, made even more special by the large turnout by the Rockers of Ages choir, who filled the main entrance with their beautiful songs. Having two patients cutting the cake with the PM was a memorable occasion for all concerned.

Also in August, the **Canterbury Wellbeing survey results** were released. It was a mixed bag for Cantabs, with more of you thriving and doing well, having moved on from the quakes. However there is still a sizeable group of people, including many of our staff, who still have unresolved and ongoing quake issues.

» Article continues on page 4

» Article continues from page 3



6 October – A blessing and sod-turning ceremony was held at the site of the **Health Research & Education Facility (HREF)** where the then PM, John Key, along with Sir Bob Parker and other representatives of the New Urban Group, and partners from Ara Institute and the University of Canterbury and manawhenua representatives celebrated the start of this fantastic new facility.



Above: Ashburton open day



19 October – Another celebration was held in our pine-scented boiler-house at Burwood. It's pine-scented due to the gigantic mountains of pine chip stacked inside the boilerhouse waiting to be converted to energy to heat the hot water on the Burwood site. We received an **Energy Mark Bronze award for energy management** – which is a significant achievement.

21 October – It's been a long time coming, but it was a great day when we could announce the next stage in development of a **new Akaroa Health Facility**. Concept plans have been created and things are progressing – look out for more in next year's CEO Updates.

31 October – One of my favourite days of the year is the **Canterbury Health System Quality and Innovation awards**. Once again I was impressed by the creativity and sheer number of hours of hard work so many people have put into initiatives to make it better for patients. Despite everything else going on in our health system I find it so heartening to be part of this day celebrating excellence, and acknowledging those who have gone above and beyond to improve things for our patients.

November – It was Ashburton's turn to be in the spotlight when we celebrated a **Blessing of the new Acute Admitting Unit** and a public open day was held. Hundreds of locals took the opportunity to check out their new facilities.



Construction of the **Acute Services Building** on the Christchurch Campus progressing well with glazing now being fitted in some areas. It's due for completion in 2018.

14 November – People in Kaikoura/North Canterbury – along with most of the South Island and lower North Island, were woken by a **severe 7.8 magnitude quake**. Two lives were lost and thousands of people's lives have been turned upside down by this series of quakes. Health played a significant role in helping to avert a gastro outbreak by promoting a range of public health messages and ensuring people had hand gel supplies and knew how to sterilise their water. Our efforts are now focused on ensuring people have good access to their general practice teams and their wellbeing needs are supported through a variety of services, tailored to each person's needs.

Thanks to the many people involved in **our health system Emergency Operations Centres** – set up in Corporate, Community and Public Health and in Primary Care. Thanks too to those who helped back-fill the day jobs of those directly involved, and to those who are spending time in Kaikoura relieving the local staff.

» Article continues on page 5

» Article continues from page 4

Board chair, Murray Cleverley visited staff in Kaikoura last week, and I was once again so proud of the efforts of our staff – this time, it was the Christchurch Hospital Orderly Team, led by Alan Heney, who had a whip around and came up with \$500 which was duly delivered to a very grateful and humbled team at Kaikoura Health. Murray was also able to hand over \$180 collected at the Ashburton open day, and I know there will be more to follow after the staff Christmas meals this week. A special thanks to all those who have fund-raised and donated. **Your generosity is much appreciated by the team at Kaikoura.** I am thrilled to add to the list of donations that almost \$3000 was collected in gold coins from staff at the Christchurch Hospital Christmas lunch – it's heading to their colleagues at Kaikoura Health



Board chair, Murray Cleverley touring the Kaikoura facilities with nurse manager Susan Fey.



Murray presents Susan with the donations for the Kaikoura staff Koha fund.



Resident GPs from the Kaikoura Medical Centre: Dr Chris Henry and Dr Andrea Judd.



One of the relief reception staff, Deb, who usually works at the 24 Hour Surgery

There are so many more achievements and milestones I could have included here, including the **disruptive relocation of services** – Sexual Health, and Child Adolescent and Family mental health teams are two that come to mind, along with the Corporate Office move to Oxford Terrace.

It's been a year of change for many of you, and I have no doubt there will be more of the same next year.

As some of you start to head off for a well-deserved and much-anticipated break, I want to wish you and your families a safe and happy Christmas holiday break, and look forward to seeing you back in 2017.

If you're working through or on-call over the holiday period, thank you. I hope you find time to unwind and do things that make you happy when you are not at work. Canterbury offers a range of great outdoors activities from beaches to biking, walking to taking in the delights of the Botanical Gardens.

Thanks again for everything you're doing to make it better for Canterbury people.

David Meates
CEO Canterbury District Health Board

P.S. look out for the final CEO update for 2016 next Monday, when we showcase some festive fun around our health system.



Ward 27 staff looking festive

Together we can make it better

Michael Frampton, GM People and Capability

Transforming a health system can be a messy business at times.

There's always more to learn about how we go about it. There can be no doubt though about our progress on so many fronts, progress which has been enabled by the collective efforts of so many. You only need to read the 'bouquets' section of the *CEO Update* to understand the incredible impact of what we're doing and how well we're doing it!

The Canterbury health system has committed to putting people and their communities at the heart of everything we do. We've committed to building a health system that's joined up, connected and aims not to waste people's time. We've committed to a health system that enables the right care at the right time in the right place by the right teams. And we've committed to continuous discovery of new and better ways of caring and working together.

It's in this context that nearly 90% of the more than 4,000 people who responded to our 2016 Staff Wellbeing Survey were united by this common purpose and understood how they make a difference in bringing it to life. And nearly 75% of people who reported that despite enormous disruption arising from their physical surroundings, their work to drive change and a whole range of really challenging personal circumstances following the quakes, they're still fulfilled by the work they do.

At the very heart of a people-centred health system are the people who deliver care, and the people who support those who deliver that care. We don't take this commitment for granted and we'll continue to do everything we can to ensure everyone is enabled to be their very best, as we know they want to be.

For these reasons, the 2016 Staff Wellbeing Survey has provided timely insight into the wellbeing needs, priorities and opportunities as defined by an unprecedented number of our people. Through the survey, and the subsequent programme of focus groups conducted by independent experts *Resilient Organisations* and attended by people from throughout the DHB, you've told us what matters and we're now planning how, with you, we do more about it.

What's clear is that there's a lot that we can sort out, while there are other things for which the fix is not so obvious and we'll need to explore how we make the best of a difficult situation. For example, there's no absolute solution to all of the impacts of the largest repair and construction project in the history of the health system on the physical environment that many of our people continue to work in. Instead, we have to focus on managing and mitigating those impacts. But we can do something for the 30% of people who are concerned at the increasing administration burden that's getting in the way of doing the right thing. Indeed a key theme to emerge from both the Wellbeing Survey and focus group workshops has been the huge opportunity we have to ensure our processes are made simpler, easier and more integrated, so we don't waste staff time.

What's also clear is the strong desire from people to be involved in coming up with solutions and ways to make things better. I'm absolutely committed to ensuring that we create these opportunities.

Our intention had been to release the findings of *both* the Wellbeing Survey and focus group workshops in December. Unfortunately, we've had to delay this as a result of the ongoing response from across the Canterbury health system to the Kaikoura earthquake sequence. We're now aiming to release more detailed information in February 2017.

There's no magic bullet for improving our wellbeing – it's affected by many individual, team organisational and whole-of-system factors. What there is however, is a collective will and determination to continue to work together to make it better for the people of Canterbury by making it better for the people of *Our Health System*.

Why? Because **Care Starts Here**.

Wishing everyone a safe and happy Christmas!



Facilities Fast Facts

Fast Facts - Christchurch



The external glass has been fixed to another storey of the western tower of the Acute Services building this week, as this [webcam](#) view shows.

This week also saw the concrete roof poured for Level 9 – the top storey of the western tower, above which the helipad will sit. Internal walls and partitions are now being installed in Level 2, and the steelwork for the eastern tower is almost complete, with concrete being poured up to Level 7.

There are around 190 workers on site now.

The main contractors, CPB, are organising a Christmas “toy run” among their workers. On December 15 they will donate new toys to the hospital paediatrics department, CHOC and other areas. Thanks to all who have taken part!

The external concrete staircase at the corner of the Emergency Department, leading down to the mortuary bike park, is being demolished. This work is necessary to enable supporting structures to be built for the relocation of the hospital’s main oxygen tank. The staircase will be replaced with a new metal staircase once the work is completed, currently scheduled for February 2017. A shared-use pathway has been routed through the construction site for cyclists and pedestrians to reach the mortuary bike park and the entrance near the Dept. of Anaesthesia.



External staircase to be demolished

Fast Facts - Outpatients

User group news: The Furniture, Fittings and Equipment (FF & E) team has completed a review of the contents planned for every room in the Outpatients Building. Once these schedules have been signed off by the user group they will help to inform the transfer of existing and purchase of new FF & E items and will also assist in the migration planning.



Bouquets

Gastroenterology, Christchurch Hospital

What an absolute pleasure to be in this ward. The staff were so openly friendly and extremely helpful, I was put right at ease. For such an unpleasant procedure they were the highlight of my day. Thank you all.

Ward 14, Christchurch Hospital

I am an inpatient at the moment and likely to be in hospital for another week or two. Just want to say that the quality of the meals is excellent and much improved since my last stay. The vegetarian pancake last night, the vegetable quiche for lunch today and the pumpkin satay balls this evening have all been fresh, tasty and attractively plated. I don't have a big appetite, but these yummy and nutritious meals really hit the spot. Thank you!

Ward 17, Christchurch Hospital

Thoughts go deep, though words are few, when it comes to thanking the ward 17 crew. The ward is as clean as a five star hotel, the food and drink of café standard. Your ready smile gave us courage, your quiet words gave us hope, your quick bell response gave us security, your medical knowledge gave us help, your empathy made us feel loved. A big thank you to each one of you!

Master of Science (MSc) ARA student experience

Hello everybody, I would like to pass on some feedback I received from the MSc students who recently had their clinical placement with you in October/ November. Firstly the students really want to applaud the welcoming and supportive environment you have all created for student learning. They felt

valued and that they contributed to care which increased confidence. While these students may be on a master of science pathway, their nursing knowledge is still very much at a beginner level and they really appreciated being able to ask 'stupid' questions (although no question is stupid!!) and receiving clear and helpful responses. The students also want to commend everybody on their professionalism, amazing communication skills and the clear passion people have for their work. I feel I need to relay this to you as often students come to clinical areas not knowing what to expect... yet without fail, I consistently receive positive feedback about their experience. Keep up the good work and have a fabulous Christmas. From Natalie Conley, Nursing Lecturer, Ara Institute of Canterbury.



Visit by Sichuan Province health officials

The developing relationship between the Sichuan province of China and Canterbury was strengthened further on Monday with the visit of a five-strong delegation from the Sichuan Health and Family Planning Commission.

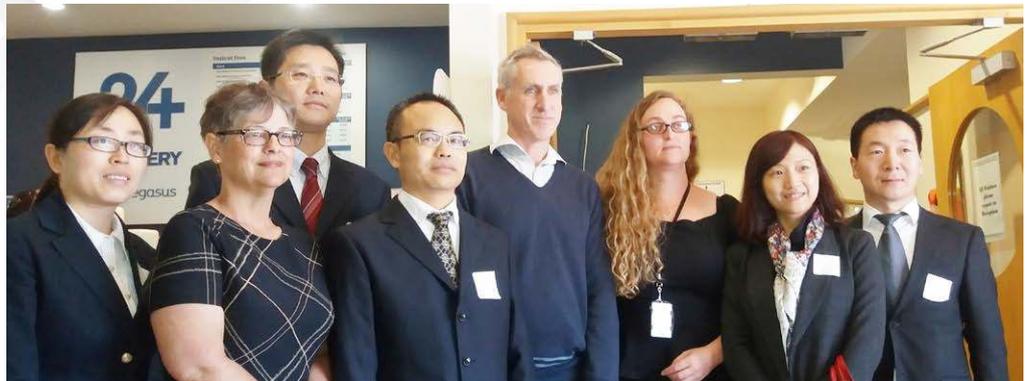
This was the first directly health related visit from Sichuan, but with the help of the Christchurch City Council and the New Zealand Consulate in Sichuan our communities have been working closely to build ties across a variety of sectors.

We were very honoured to have such distinguished representatives of their health system sent to visit us, and our local interpreter managed admirably with a full day of some rather energetic conversations.

The Canterbury Health System highlighted to our guests our inclusive and relationship based way of working and we were able to introduce them to very senior representatives of the University of Canterbury, ARA, Pegasus Health and other organisations that we work closely with.

We were also able to take them on a tour of the 24 Hour Surgery and spent a good deal of time talking to them about a variety of topics before taking them on a site visit to the new Health Education and Research Facility (HREF).

It was a whirlwind trip and a very long day for all involved; but it wasn't all work – we somehow managed to squeeze in a visit to the Botanic Gardens on the way back to the office (where we temporarily lost them as they dispersed far and wide amongst the trees and large Christmas baubles).



Top: Christmas baubles in the gardens

Middle: Sichuan Province visit; Delegates from the Sichuan Province Health and Family Planning Commission with Operations Manager – 24 Hour Surgery, Claire McQuilken, (second from left) and Clinical Director – 24 Hour Surgery, Simon Brokenshire, (fifth from left), and CDHB Planning and Funding's Co-ordinator of Projects, Alice Earnshaw-Morris (sixth from left).

Below: Simon Brokenshire, Clinical Director, 24 Hour Surgery and CDHB Planning and Funding's Co-ordinator of Projects, Alice Earnshaw-Morris, with members of the Sichuan Province Health and Family Planning Commission.

It's not every day the second man to walk on the moon comes to stay

He has a bushy white beard and sparkly eyes and he landed in Christchurch from the South Pole just before Christmas.

No, he's not some kind of Antipodean Father Christmas but Buzz Aldrin – the second man to step foot on the moon and a hero to many.

The 86 year old has almost a million followers on Twitter and an enterprise built on his achievement in space, including his own website buzzaldrin.com where you can buy Mars "souvenirs", pick up a "Selfie in Space" t-shirt, and read about his plan to land humans on Mars by 2035 and his ShareSpace Foundation.

On December 3 Buzz's celebrity collided with our very own Christchurch Hospital when he was unexpectedly evacuated there from Antarctica soon after he became the oldest person to visit the South Pole.

The event made headlines around the world and has kept the Canterbury DHB Corporate Communications team, particularly Media Advisor, Amy Milne and Strategic Communications Manager, Karalyn van Deursen busy with enquiries about Buzz's health.

Christchurch Hospital reception received a steady stream of gifts and cards for Buzz dropped off by well-wishers of all ages.

- » A lady brought a photo of her granddaughter with Buzz to give to him
- » A 17-year-old girl had a balloon delivered and said he was her biggest hero
- » A few people from the expat community came to the hospital/phoned and wanted to visit him (one group left a couple of boxes of chocolates)
- » Quite a number of people enquired after him
- » There was a gift basket delivered as well as cards and a parcel in the post

Through it all Buzz "Astronaut, Apollo XI and Gemini 12; Doctorate from MIT in astronautics, Korean War veteran, Architect of Cycling Pathways to Mars" kept up his social media profile with tweets and Facebook posts in his humorous style, with the help of Christina Korp, Buzz's Manager and Mission Control Director.

On his way to hospital there were photos of him on a stretcher giving a thumbs-up while wearing a purple knit cap on his head, another in a hospital bed, on oxygen and with an IV in his arm. Since then Buzz has tweeted up a storm and posted to Facebook from his hospital bed with his trademark quips.

The first Tweet:

Buzz Aldrin @TheRealBuzz



Buzz Aldrin
@TheRealBuzz

Follow

Official statement about Buzz and his evacuation from the South Pole. He's recovering well in NZ. Full statement buzzaldrin.in/2gN7a8U



The media headlines which quickly followed:

[Ailing Buzz Aldrin evacuated from South Pole to New Zealand](#)

[Former astronaut Buzz Aldrin makes it to South Pole before being evacuated to New Zealand](#)

[Buzz Aldrin gets visit from NASA after polar evacuation](#)

[Buzz Aldrin: Astronaut to stay in New Zealand until lungs clear after altitude sickness forced South Pole evacuation](#)

More tweets:



Buzz Aldrin
@TheRealBuzz

Follow

Catching up on the world while I'm stuck in quarantine. Apparently @KimKardashian is out in public again.





Buzz Aldrin
@TheRealBuzz

Follow

Someone sent me affirmation cards. The first one said "Follow your inner moonlight. Don't fight the madness". How!!



In an official statement Buzz said his primary interest in coming to Antarctica was to experience and study conditions akin to Mars that are more similar there than any other place on earth.

"I'm being very well looked after in Christchurch. I'm looking forward to getting home soon to spend Christmas with my



Buzz Aldrin
@TheRealBuzz

Follow

I had a surprise visitor this morning. My longtime friend @DavaExplorer @NASA Dep Administrator. She beat me to the South Pole by one day.



family and to continue my quest for Cycling Pathways and a permanent settlement on Mars. You ain't seen nothing yet!"

Buzz and Neil Armstrong became the first men on the moon, on July 20, 1969. Armstrong died in 2012. After retiring from the space program in 1973, Buzz joined the Air Force. He showed his humorous side when he appeared in The Simpsons and was interviewed by Ali G.

The Buzz/Christchurch news story continued with perhaps the headline to top them all, not long before he left for his home in Satellite Beach, Florida, near Cape Canaveral.

Space Oddity: Dr David Bowie treats "starman" Buzz Aldrin

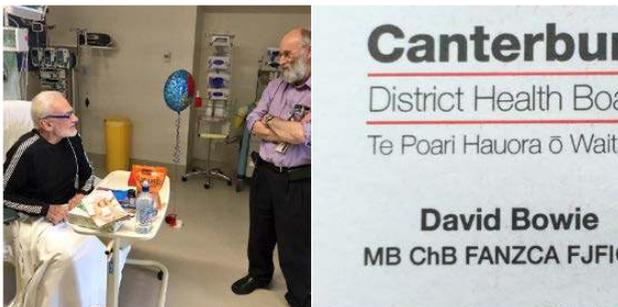
In what can only be described as a space oddity, former astronaut Buzz Aldrin is being cared for in a Christchurch hospital by Dr David Bowie, formerly of Dunedin.



Christina Korp
@Buzzs_xtina

Follow

Thank heaven @TheRealBuzz's doctor is David Bowie. You can't make this stuff up.



<http://www.stuff.co.nz/national/87278277/Space-oddy-as-Dr-David-Bowie-treats-star-man-Buzz-Aldrin-in-hospital>

Big donation for Child Health

Children with asthma, cystic fibrosis and other conditions that cause breathing problems will benefit from a donation of more than \$123,000 from the Countdown Kids Hospital Appeal.

Christchurch Hospital's Child Health division gratefully received the donation last Wednesday and will use it to buy a paediatric body plethysmograph – a large piece of respiratory equipment that measures lung function in children.

The Countdown Kids Hospital Appeal helps raise money for medical equipment for children's wards across the country. From 4 August to 31 October each year, Countdown and district health board staff host various fundraising activities, such as quiz nights, and car rallies.

This year the Māia Health Foundation and Child Health combined forces to run a September to raise funds for the appeal. There were also bake sales, raffles and other events which all contributed to the amount that Countdown donated.

Heaton Intermediate Normal School kapa haka group entertained those attending the cheque presentation.

Child Health Service Manager, Ann Morgan, said over the last 10 years the appeal has raised more than \$1 million for Christchurch Hospital's Child Health division.

Over the years CDHB has used funds from the appeal to buy a diverse range of equipment such as bedwetting alarms, resuscitation units, monitors and infusion pumps. This year the only one item was on the wishlist was the paediatric body plethysmograph.

Countdown General Manager Supermarket Operations, Brett Ashley, said the effort put in each year to raise the funds is inspirational. This year was one of the best with a total of \$1.1 million raised for the district health boards.

"It's a great cause and we should never forget the very important cause – making the lives of sick children a little better."

Acting Clinical Director, Paediatric Medicine, Tom Townend, said hospital can be "pretty scary" for children.

"So anything we can do to make their stay nicer has huge benefits."

Top right: Countdown General Manager Supermarket Operations, Brett Ashley and Acting Clinical Director, Paediatric Medicine, Tom Townend with the cheque received today.

Right: Heaton Normal Intermediate School Kapa Haka group performing



Canterbury Grand Round

Friday, 16 December 2016 – 12.15pm to 1.15pm,
with lunch from 11.45am

Venue: Rolleston Lecture Theatre

Speaker 1: Richard King, Chemical Pathologist
“Non-invasive Pre-natal Screening for Down Syndrome”

Non-invasive prenatal screening (NIPS) for Down syndrome using cell free DNA in maternal plasma is changing the way we can provide prenatal testing. This talk will discuss this new approach, how the test is performed, the advantages and limitations and how it may be incorporated into the current screening programme.

Speaker 2: Mr Rob Robertson, General Surgeon
“Laparoscopic Surgery isn’t always easy”

Chair: Grant Coulter

Video Conference set up in:

- » Burwood Meeting Rooms 2.3a and 2.3b
- » Wakanui Room, Ashburton
- » Administration Building, Hillmorton
- » The Princess Margaret Hospital, Riley Lounge
- » Pegasus, 401 Madras Street, Christchurch 8013, Room 1.03

All staff and students welcome

This talk will be uploaded to the [staff intranet](#) within approximately two weeks.

Next is in 2017
(Rolleston Lecture Theatre)

Convener: Dr R L Spearing
email: ruth.spearing@cdhb.health.nz

Something for you 12 Days of Christmas winners

Daisy is delighted that so many of you have been hunting her down each day. She wants to announce all the lucky winners so far and let you know there’s still seven days of Christmas to go, so that means seven more chances to find her and her surprises in the Something For You Intranet pages.

The winners so far are:

Day 1: 4 Carrot Cakes from Catering for Nikki:

Jill Oetgen, R/N Forensics
Damien Franklin, Service Technician, ISG
Emily Ingram, Respiratory Physiologist
Campbell Rountree, Customer Services, CH Labs

Day 2: A gift of an Annual Leave day:

Nicole Graham, Dietician, Nutrition Services

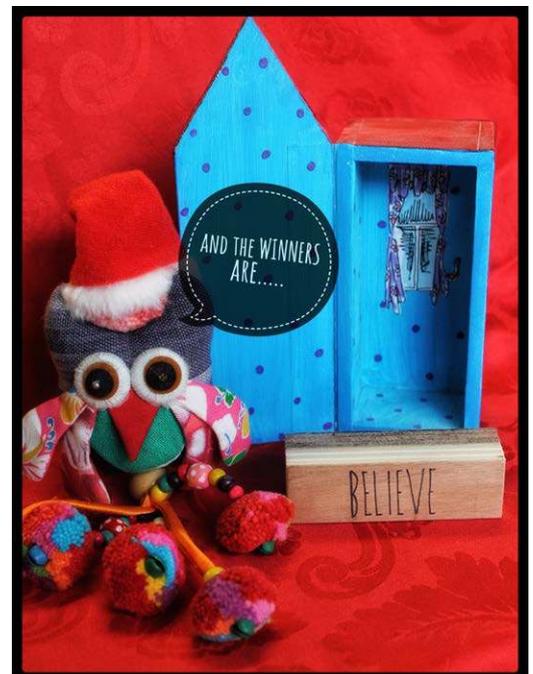
Day 3: Six family passes to Willowbank Wildlife Reserve:

John Osborne, Supply Chain Manager
Lynn Keats, Purchasing Officer
Nila Gopal, Resident Doctor Coordinator
Rachael Jack, Telephonist/Receptionist
Raewyn Johnson, ISG Service Desk
Shelley Hayde, Medical Purchasing Officer

Day 4: Three passes to The Virtual Reality Room (The VR Room)

Aimee Randall, Psychologist, Child and Family Service
Caroline Duke, ED Clerical Office
Jill Oetgen, R/N, Forensics

Daisy wishes to congratulate the winners and encourage all of you to keep finding her each day and see what she has in store for you!



The next leg of Brackenridge's journey starts from their new hub

Earlier this month Brackenridge*, one of Canterbury DHB's subsidiaries, welcomed Hon Nicky Wagner, Minister for Disability Issues to the opening of their new hub in Addington. Anyone who has recently moved to purpose built accommodation after a period of making do will understand just how important such a move can be.

Pip Stewart, Brackenridge's CEO summed it up really well at the opening ceremony.

"The future we are facing looks quite different from our past. What's exciting for me about this new working environment, and something I have already seen, is the coming together of the leadership team and support teams. This is enabling us to provide better support for our frontline staff which in turn allows them to optimise the outcomes for the people we are all here to support."

"It's those incidental conversations over a cup of tea that can lead to the most amazing things being achieved," Pip said.

Brackenridge's chair Jane Cartwright thanked the Minister for agreeing to mark this symbolic step on the Brackenridge journey, and for the time she spent with them earlier this year where she visited some of the homes tenanted by Brackenridge clients to get a greater understanding of how Canterbury provides disability services.

Jane told the gathering that it was great to see the mix of people, old and new "Those parents and staff that have been part of our journey so far, and some of the newer people who have joined and will help us to adapt and move forward."

Minister Wagner started by paying tribute to the Brackenridge community and highlighted the contrast between the new place and the 'old electrical stores' which had been Brackenridge's former base. She was taken with the new sign and its mission statement 'Supporting people to lead great lives'.

"I suspect we have all been working towards this week as it couldn't be a better time to open a new hub dedicated to supporting people with disabilities. I have just launched the National Disability Strategy to replace the 2001 one, which was world leading in its day and very much set the pattern, not just for New Zealand, but around the world."

"There has been a burst of energy in the disability sector lately with the recent Attitude Awards and of course with the Paralympics earlier this year.

"It was exciting to make Liam Malone part of the launch of the Disability Strategy as a charismatic inspiration that young people in particular can relate to. And of course it more than a strategy, it has an action plan and an outcomes framework so we can measure and inspire the achievement of our goals."

"Suddenly people seem to be focusing on what disabled people can do, rather than on what they can't. I really think people's attitudes are beginning to change and that can only help in what Brackenridge and we as a nation are trying to achieve, which is to enable great lives."

*Brackenridge provides support to children, young people and adults with disabilities and autism in Canterbury. Brackenridge is about helping those people get the support they need to create great lives of their own choosing.



Above: Jane Cartwright, Hon Nicky Wagner and Brackenridge CEO Pip Stewart.



Presentation on Men's Health to Christchurch Police

On Thursday 1 December, Bryan Geer, Clinical Nurse Specialist, gave a presentation on Men's Health for a Staff Wellbeing Forum for Christchurch Police, attended by the Canterbury District Commander, Superintendent John Price. Bryan discussed the importance of taking care of ourselves and those we work with and provided a broad range of strategies to achieve this. This is a great example of inter-agency collaboration and support. Many thanks Bryan!



Pictured at a recent Staff Wellbeing Forum for Christchurch Police: Tony Lockington Service Manager SMHS, Superintendent John Price, Bryan Geer CNS - SMHS, Inspector Craig McKay Christchurch Police, Darryn Percy Police Welfare Officer, Phil Manhire Police Welfare Officer

Special Burwood advent calendar helps City Mission

Burwood Chaplain Sandra Wright-Taylor is full of praise for Burwood staff who have responded generously to her Reverse Advent Calendar.

Staff have already filled more than four bucket loads of goods that are destined for the Anglican City Mission. The buckets are situated around the hospital and staff are can donate men or women's toiletries, tinned food and Christmas themed items.

Each bucket features a picture or information about the City Mission. They are emptied daily and a new picture or fun fact put up. The accompanying poster also includes information about upcoming events at Burwood during the festive season and cartoons with a Christmas theme.

Goods can be donated until 24 December. Each day the calendar's picture changes, so watch out for upcoming events at Burwood, some cartoons with a Christmas theme, and some information about the City Mission.

You'll find the buckets in the chapel, main reception, Ward B1, Ward FG and the administration area. If you would like a bucket in your area, please let Sandra Wright-Taylor, Ecumenical Chaplain, know by calling her on 027 2020 989. The project has been organised by COF – Caring for Others First.



Former Canterbury DHB shuttle driver retires from St John

Driving the Silk Road to Russia from London with a group of fellow four wheel drive enthusiasts is on former Inter Hospital Transfer Officer, Pat Chapman's, 'bucket list'.

The Silk Road has existed for thousands of years, passing through many different empires, kingdoms, reigns and societies. Pat hopes the opportunity to traverse one of the most historic overland adventures in the world will arise one day.

In the meantime he will be travelling newer routes around the Canterbury region in a luxurious Jaguar Sovereign following his retirement from St John on December 2. Pat is looking forward to getting back into the tourism sector, this time as both driver and tour guide for his newly formed company, Ascot Tours.

He may also use his considerable 4 wheel driving experience to offer off road excursions.

Pat was formally farewelled from St John last Wednesday.

St John had a contract with Canterbury DHB to provide a transfer service for staff and patients to and from Christchurch, The Princess Margaret and Burwood hospitals on a timetable service. The vehicle Pat drove was a fit for purpose Mercedes Sprinter mini bus capable of carrying eight people in seats as well as wheelchairs.

Pat called the vehicle his office.

Countless passengers have Pat to thank for a safe, pleasant trip on the St John Inter-Hospital Transfer Service, AKA The Shuttle. Pat says he "enjoyed every minute" of the interaction with staff and patients and has no regrets.

General Manager Older Persons, Ortho & Rehabilitation, Dan Coward, says many staff will join with him in thanking Pat for his service.

"If you know Pat I am sure you will know he loves to chat and left many with a smile on their face. He added a human touch to what can often be a lonely role of transport. He was always ready to help.

"From the Canterbury DHB teams, thank you and all the very best in your future role. I am sure we will see Pat on the road for years to come."

Pat has spent most of his working life in the passenger transport service industry and the last 18 years as a career Ambulance Officer with the Order of St John in Christchurch.

His 'day job' during the early 1970s was with the Post Office driving mail vans and trucks as well as some ministerial chauffeuring, in the mid-1970s.

He moved to the tourism industry driving tour coaches for The Mount Cook Co but maintained his interest in St John as a volunteer and, for a period, in governance in area committees with Rangiora and Ellesmere.

In 1999 Pat gained a full time position with St John in Christchurch on the Patient Transfer Roster.



Pat Chapman



Pat Chapman – from shuttle to Sovereign driver

Sad to see you go!

There was tea and cake, and few tears in the atrium at Burwood Hospital on Friday morning as staff said thank you and good bye to long serving PA Dale Baillie. Dale started working at Burwood Hospital in 1997 and has worked as a PA for several of the Hospital's general managers over the years. Most recently she has been supporting Operations Manager Sally Nicholson and the management team. OPH&R General Manager Dan Coward said Dale will be both remembered, and sadly missed for her huge knowledge base of everything Burwood-related.



Left: Director of Allied Health OPH&R Wendy Fulton helps Dale to up a gold belcher bracelet that was a farewell gift marking nearly 20 years of service at Burwood Hospital



Below: Burwood Group Operations Manager Sally Nicholas speaking at a farewell morning tea for PA Dale Baillie who leaves Burwood after nearly 20 years in her role as PA.

Christmas Services at Burwood

On Sunday 13 December, services will be held in the Day Clinic Lounge at Burwood hospital at 11am.

On 18 December at 11am there will be a 'Christmas Service' in the chapel. Patients, family and staff are very welcome. Come and join us as we sing carols, and remember the first Christmas.

TPMH Chapel wall hangings

The TPMH Chapel Wall Hangings are now proudly hanging in the Burwood Chapel. It is hoped that early next year the stained glass window will be installed.

CEO Update and Post a notes taking a break

The last issue of the CEO Update for 2016 will be Monday 19th December. Please send in your submissions before 10am on Thursday 15 December.

We plan to make this last issue a Christmas special, so please send us any Christmas-themed pics. Decorated wards, decorated offices and trees – even decorated staff! Team shots from one of the Christmas meals, or staff in festive scrubs. Any Christmassy photos from throughout our health system will be considered for publication.

Please send all your photos and captions, or stories to communications@cdhb.health.nz

The CEO Update will be back in print in 2017, with the first issue hitting your inbox on Monday 23 January.

Post a notes

Post a notes will not be processed between December 24 and Jan 3, inclusive.

Christchurch Campus pre-Christmas staff lunch a huge success

Christchurch Campus held their very successful pre-Christmas staff lunch on 8 December in the Great Escape.

Teams of managers voluntarily manned the serving stations in the annex. Many were noticeably reluctant to relinquish their serving spoon to the next shift of helpers and there was a great atmosphere.

Thank you to everyone who was involved before, during and after the event. Thank you also for all the positive feedback received.

The figures below give you an idea of the volume of food served:

Over 3,000 meals served:

- » 3,100 slices of meat
- » 500 servings of vegetarian strudel
- » 420 kg potatoes
- » 600,000 peas
- » 21,000 carrots
- » 3,100 desserts.

The gold coin collection raised almost \$3,000 for Kaikoura Health.



Mental health leaders serving pre-Christmas lunch to staff at Hillmorton. Left to right: Toni Gutschlag and Clinical Director Peri Renison.

One minute with... Edwin Gin, PACS Technical Administrator, Radiology

What does your job involve?

My designated role is to administer the PACS technical infrastructure within the Radiology department – this involves monitoring all of the hardware equipment and making sure that all the systems run smoothly.

PACS stands for Picture Archiving and Communications Systems, it enables the transfer of digital images and patient information throughout the organisation. PACS is a technology, system and process for handling medical images (X-rays, CT, ultrasound etc) without the need for film. Images are stored on computer as digital information and displayed on computer screens for viewing.

I also have to configure any new servers up to a point where our PACS vendor (InteleRad) can then install the PACS system.

I also have to build and configure the radiologist reporting work stations.

A lot of the time I am at the PACS Helpdesk manning the phones with my work colleagues fixing problems that any of the users have within the department

Why did you choose to work in this field?

I was working as an IT administrator in a private health company for 10 years and wanted a change in environment and a new challenge. I saw my current position advertised and thought it would be an interesting field while still staying in the health sector.

What do you like about it?

The job is very busy to say at the least and but the activities are varied which I like.

What are the challenging bits?

Everything at the moment, as I am still learning the workflows on how the Radiology department runs. Luckily everyone in the department has been through the same process and is patient! Hopefully when I delve into projects that require my IT skillset there won't be such a new learning curve.

Who inspires you at work and why?

Everyone that I have met so far seems to be dedicated to their job and put patient wellbeing first.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

I am realising how important this role to keep the PACS system running smoothly is. A lot of people and departments require us to be on top of our game so patients get their results in a timely fashion.

The last book I enjoyed was...

'The Presidents Club: Inside the World', by Nancy Gibbs and Michael Duffy.

If I could be anywhere in the world right now it would be...

Paris. My daughter has heard heaps of my travel there and would like me to take her and she is only nine, haha!

My ultimate Sunday would involve...

Would love to take the kids out high country fly fishing and each catching a trout over 10lb!

One food I really like is...

Vietnamese cuisine and I am really looking forward to taking my children there early next year for a holiday.

My favourite music is...

I have eclectic tastes and it depends on what really want to listen to on the day – Jazz, Pop, heavy rock and the latest music my daughter or son is into while I am driving them to school!



Above: Edwin Gin

If you would like to take part in this column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz

Feedback required, South Island dementia model of care

The South Island Health of Older People Service Level Alliance (HOPSLA) would like your feedback on the paper, Dementia is everybody's business: Working together to achieve an integrated South Island model of care. http://www.sialliance.health.nz/si_dementia_model_of_care_draft/

The paper outlines the vision for integrated dementia services and presents options for a collaborative South Island model of care.

Please read the document and provide feedback – this involves all support services and health providers who provide services to people living with dementia.

Link to survey: <https://www.surveymonkey.com/r/R6XK5GT>

The survey should take around five minutes to complete and closes 5pm on 22 December 2016. You will need to read the paper prior to completing the survey.

Please share this survey with providers of services who you know.

If you have any questions please email rebecca.heyward@siapo.health.nz

Reminder to all staff: declare gifts of value greater than \$50

At this time of year, you may receive gifts from suppliers.

Whether it's a bottle of wine, chocolates or free tickets to an event, if they're valued at more than \$50, the person receiving the gift should declare them by using the [Conflict of Interest | Hospitality Declaration Form](#).

Completed forms should be sent to Daniel Chee in the Office of the GM People and Capability, Level 1, 32 Oxford Terrace. Daniel.Chee@cdhb.health.nz.

Ashburton Hospital visiting hours/front of house

The hospital is publishing information for all visitors that visiting hours finish at 8pm every day. From the 7th December the hospital will have controlled access, with the main entrance locked at 8pm.

Visitors will be able to leave the premises through the front door but will not be able to enter. From 8pm, patients requiring access to the unit will flow directly into the unit after 8pm, all patients will enter and exit from the Acute Assessment Unit (AAU) between 8pm and 6am.

Reception will remain on site until 9pm only – seven days per week. Family/whanau who are visiting palliative patients will have organised this with the staff, and may be accessing the hospital during the night via the AAU.

The night shift staff will access the unit via AAU, reception/the front door will be open at 6am in time for the day shift to enter the main entrance.

Patient information flyers will be sent to ward areas and reception reflecting these changes.

KAIKOURA BAKE SALE

WHEN

Wednesday 14th December
0930 until sold

WHERE

**Foyer of Christchurch Public
Hospital**

**CAKES, SLICES,
BISCUITS,
FUDGE, MUFFINS**

FROM \$2

RAFFLE

DONATIONS

ALL PROCEEDS GOING TO KAIKOURA EARTHQUAKES MAYORAL RELIEF FUND

Brought to you by Allied Health Women's and Christchurch Hospital





Christmas Lunches for Staff!

WHO	WHERE	WHEN
Labs	Haematology Courtyard, Labs	14th Dec, 11–2pm
Ashburton (include SMHS services on site)	Ashburton Hospital Cafeteria	14th Dec, BBQ
ISG	Sydenham Park	14th Dec, 12pm
Burwood Hospital	Burwood	15th Dec, BBQ
Corporate	Corporate	15th Dec
TPMH (OPH and SMHS)	TMPH	15th Dec

We've looked at 55,259 applications in 2016, recruiting a total of 1,598 fantastic employees in 2016.

It's been a busy year for the Recruitment team and we thank you for your support.

We will be taking time during the Christmas and New Year holiday period to unwind, as we hope you do too.

We will be on skeleton staff during this time. Get your requests through early, or contact a specialist today for a chat.

Happy Holidays!
The Recruitment Team.



GIVE SOMETHING GREAT

(No wallet needed!)



all right?

GIVE SOMETHING GREAT

(No wallet needed!)



GIVE SOMETHING GREAT

(No wallet needed!)



GIVE SOMETHING GREAT

(No wallet needed!)



Cancer Nursing NZ Under Construct on

11-13 May 2017 Christchurch

The NZNO Cancer Nurses College Conference is coming to Christchurch in May 2017!

Our conference theme 'Cancer Nursing Under Construction' is a reflection of what is happening in Christchurch after the 2010-2011 Canterbury earthquakes. Canterbury is focused on improvisation, rejuvenation and innovation to rebuild the environment and improve the wellbeing of Cantabrians. Cancer Nursing within New Zealand is developing its own identity and evolving as a specialty. As cancer nurses we are influenced by improvisation, rejuvenation and innovation in research, clinical practice and developing technologies to provide high standards of care to people living with cancer. The 'Cancer Nursing Under Construction' conference offers a variety of sessions with the aim of providing you, as a health professional involved in care of people living with cancer, tools to fill your cancer care toolbox. Delegates will be enriched with novice to expert classes, plenaries and concurrent speakers through education, research, technology, community and wellness topics. The conference will enable delegates to explore their cancer knowledge, strengthen clinical skills and resources for the future development of cancer care in New Zealand.

Visit our website for full conference information, including a preliminary programme.

www.nznocancernursesconference2017.co.nz

Call for abstracts

This biennial event for cancer nurses is an opportunity to showcase the passionate work undertaken by nurses working with people with cancer. We invite you to submit abstracts for oral presentation or posters on the following themes: education, technology, research, wellness and community care/hospital in the home.

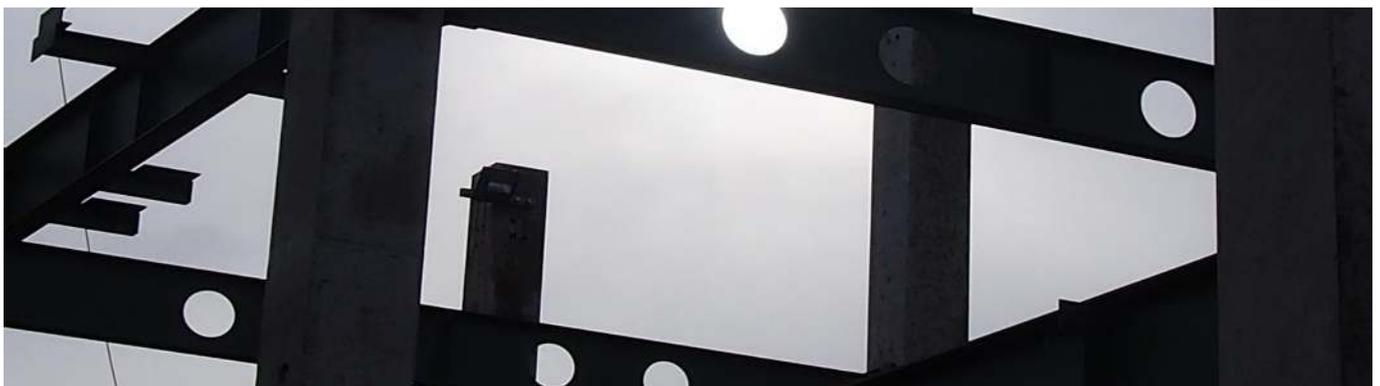
The closing date for submissions is **Friday 3 February 2017**.

For full details please visit the website.

Registration is open!

Be sure to get in quick to secure early bird rates and nearby accommodation.

Visit the website for more information and to register.



Advance care planning update

November 2016



Coming soon ...

South Island-wide electronic advance care plan

Last month the South Island Alliance Leadership Team approved the development of a regional electronic advance care plan (ACP).

This means there will be one format for all ACPs available electronically anywhere in the South Island – one person, one plan, across five DHBs.

The benefits

Advance care planning allows people to share what is important to them at the end of life, which means healthcare professionals, carers, family and whānau can make decisions based on the person's wishes.

Having a single, consistent, easy-to-use electronic form will provide peace of mind for all South Island residents. If someone falls sick outside their hometown, their ACP would be available and recognisable to everyone involved in their care. No matter where they are in the South Island, their wishes will be respected.

What next?

The five South Island DHBs will develop the regional electronic ACP together, with each DHB responsible for implementing it locally. It will be based on the new national printed form and is expected to be available in the first half of 2017.

If you are working from a hospital, the new form will be available via Health Connect South. If you are working in the community, it will be available via HealthOne.

More information

For more information, contact Jane Large, Advance Care Planning Regional Implementation Support Manager: jane.large@siapo.health.nz.

our voice | Advance
to tatou reo | Care
Planning

