



Anatomy of a measles outbreak

When measles broke out earlier this month, teams around the South Island quickly sprang into action to find out where it came from, and to prevent it from spreading further.

Measles can be life threatening and one in ten people require hospital treatment.

Bearing in mind that measles was declared eradicated last year following three years without a single case, even one case of this highly infectious disease is classed as an outbreak and warrants an extraordinary response.

Canterbury Medical Officer of Health Dr Ramon Pink heads the outbreak team in Christchurch that meets every day to assess the latest information available during the outbreak. They work with other agencies to track the spread of the disease and to trace people back to the likely source of the original infection.

To date, nine people have been confirmed as having measles as part of the South Island outbreak.

Speed is of the essence, as people may be infectious for some time before they know they have measles, all the time unwittingly spreading it.

The outbreak team typically creates a timeline on a whiteboard in an office at Community and Public Health. The first entry is the date a GP notified the suspected measles case. This is followed, after some enquiries, by the date the patient first noticed a rash.

Probably the most significant date on the timeline in this outbreak though is 22 March – the day one person, who was infectious, flew from Queenstown to Christchurch along with two other people who later developed measles.

The outbreak team's investigation relies heavily on asking the right questions, Ramon says. Medical tests are necessary but take precious time to return results.

The team doing the contact tracing are adept at asking the right questions of the right people, as that's the quickest way of assessing what you're dealing with. If a person is thought to be infectious the team interview them by phone and ask questions about their recent travels, if they are vaccinated and whether they have been to a general practice or hospital.

In such cases, the team asks staff to check who else had been there at the same time and if they were vaccinated. The outbreak team then checks where they work, who they work with, where they socialise, and whether they have played sport or other close-contact activities while infectious. At this point the whiteboard is starting to look crowded.

Potentially-infected people are encouraged to stay home and keep their children out of school to prevent further spread. Unimmunised people are advised to get vaccinated.

Ramon Pink says this disruptive and seemingly disproportionate response is critical to protecting New Zealanders from a serious disease and preventing it from regaining a foothold in New Zealand.

“Measles is so infectious that unimmunised people who come within sneezing range of an infected person have a 90 percent chance of becoming infected.”

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In the meantime, it's vitally important that people keep up with their scheduled free vaccinations – diseases like measles can't spread if we are all immune. Now is a very good time to check with your general practice team to see if you're protected.

If you were born before 1969 – good news, you're considered immune. People are also considered immune if they have received two doses of MMR (measles, mumps, rubella) vaccine or have had a prior measles illness. More information about measles is available [here](#). For the best protection you need to have two MMR vaccinations. The MMR is available from your family doctor/general practice team and is free to [eligible](#) people.



Canterbury Medical Officer of Health Dr Ramon Pink says vaccination is the best protection against the highly infectious and dangerous measles virus

Symptoms of measles

- > Fever
- > Coughing
- > Runny nose
- > Sore and watery 'pink' eyes
- > Sometimes small white spots on the back inner cheek of your mouth
- > A rash that usually starts on the face and spreads over the body for up to a week

Harm from measles

Measles is a serious illness that can cause long-term effects such as deafness, pneumonia, swelling of the brain and permanent neurological damage.



ANZAC Day – Wednesday 25 April

As we approach ANZAC Day, I'd like to take a moment to reflect on the role and contribution of health care workers through the many conflicts of the past century. Napoleon famously said an army marches on its stomach, which really just recognises that the fighting is only part of the picture. Doctors and nurses in particular, have always been a critical part of the support an army needs during wartime, while also caring for the people who worked and were living through hardship at home. Some of those medical staff also made the ultimate sacrifice, losing their lives in the line of duty.

Most poignant for me is perhaps the Christchurch Nurses' Memorial Chapel and what it represents. Although currently cocooned in plastic while repairs are underway, we mustn't forget what lies beneath. It was initially built to honour three Christchurch Hospital nurses, Nona Hildyard, Margaret Rogers and Lorna Rattray, who went down when the hospital ship, the Marquette, in 1915 along with seven other nurses and other medical staff. It later became a memorial to all the nurses who died in the First World War and in subsequent conflicts, and later still to the nurses who died delivering care during the 1918 influenza epidemic.

In the 'Ode of Remembrance' it says "we will remember them"; and we absolutely should. However you choose to commemorate the ANZACS, please think about the wider 'them', which is so much more than those who fought.

Staying safe – a reminder for staff working afternoon/night shift

Safety of staff is of paramount importance to Canterbury DHB and it is timely to remind all staff of arrangements that are already in place to ensure your safety. Following last week's attack on a nursing student who had just completed her evening shift at Christchurch Hospital, we want to make sure staff who work shifts know of the supports in place to help keep them safe while coming to and leaving work, when it's dark or when the streets are quiet.

Visit our Security Intranet page for General Security Advice, and Christchurch Campus safety – Walking Routes/Night Security Patrols for more information.

Remember at the Christchurch Campus we have:

- › A security patrol driving the roads closest to the hospital between 8:00 pm and 6:00 am.
- › A staff shuttle that will drop staff at staff car parks (leaving from the front entrance) between 9:00 pm and 1:00 am.
- › Security staff out on the walking routes near Labs and the afternoon car park during the evening shift change.
- › Staff shuttle bus from Deans Ave car park from 6:15 am to 8:45 am and return between 3:15 pm – 5:15 pm

When it's dark wear bright clothing, something fluorescent or even carry a flashing light as this will keep you visible to cars when crossing roads and to bikes on shared pathways. Some staff find it convenient to walk with colleagues to one car, then that person can drive you to your car if it's cold, wet or dark.

You can still continue to request a security escort to your car through the Security Office at the Christchurch Campus. On occasions, it may be possible to transport staff to vehicles using the Canterbury DHB shuttle vehicle. Check with the security team. You can call the Security Team at any time of the day or night: internal extensions 80454/89993.

Finally, thank you to all those who have sent messages of support to the student who was attacked last week. And thanks to the police for their quick action to apprehend the offender.

Haere ora, haere pai

Go with wellness, go with care



David Meates
CEO Canterbury District Health Board

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're a non-staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



Bouquets

Emergency Department, Christchurch Hospital

My thanks to everyone who took such good care of me this morning. Everyone I came in contact with – from the security guards to the orderlies and of course the nurses and doctors who treated me – were fabulously professional, compassionate, and kind. You are all heroes in my book! Well done and thank you.

Maternity Ward and Neonatal Intensive Care Unit (NICU), Christchurch Women's Hospital

We just want to say thank you. The team has been amazing. Everything from the food to the midwives, the NICU team and everyone in between. We have really appreciated the support and wisdom shared with us during this time.

Fetal Maternal Medicine, Christchurch Women's Hospital

We have had a stressful few months of pregnancy. We had our fourth scan today with Rex and Wendy and we couldn't say enough how amazing they were or speak more highly of them both. Mary and Professor Kyle (in Fetal Medicine) have also been incredibly awesome. They always give the details honestly but with such compassion that they have made this journey so much easier. Thank you all.

Colposcopy, Christchurch Women's Hospital

I wanted to take a moment to say thank you to Dr Peddie and Nurse

Viv. Yesterday, I had to come in for a biopsy, which isn't the most delicate of procedures. I was feeling rather anxious about the whole thing and they made it all the more bearable. They were super friendly and took the time to make sure I was as comfortable as I could be and that I understood all the information. Thank you!

Child Acute Assessment Unit, Christchurch Women's Hospital

The nurses and doctors up here were absolutely amazing and went out of their way to make ...s stay as comfortable and fun as possible. They also put us at ease during a very scary time. A big thank you to all those involved. We are very grateful for the fantastic work they do. We would be lost without you.

Emergency Department (ED) and Bone Shop, Christchurch Hospital

Today I brought my son in for assessment following a rugby injury. Right from the moment I pulled up at ED's entrance I was greeted by a friendly and helpful person (coordinating the parking), then triaged by a compassionate and professional nurse. Next were administration staff who were efficient and friendly. When we went through to the Bone Shop all the staff were fantastic – we would like to thank the doctor, Heather, who was knowledgeable, empathetic, and reassuring. Our experience was brilliant. Well done and thank you.

Emergency Department, Christchurch Hospital

I am providing a compliment to the staff and ambulance service from After Hours Surgery, St John and the Emergency Department (ED). Mum was taken to ED from After Hours with a heart rate of 177. She was quickly admitted to resus and was extremely well looked after by the nurses and Dr Heather. The nursing staff were very respectful, extremely friendly and treated Mum with humility and some humour – complimenting her on how well she had been to get to her ripe old age of 83 with little or no medication required. Dr Heather was very easy to deal with, explained what was happening to Mum in a very calm manner and in language that Mum could understand. At all times Mum (and family) were informed of progress, what was being investigated, and what the options were. Upon being given a small dose of the required medication Mum's heart rate reduced dramatically and the nursing staff were keeping a close eye on proceedings. Dr Heather was also extremely pleased with the results as a 'textbook' recovery case. Through a very busy afternoon in ED Mum's blood results were timely in return and the results were told to Mum when they came back. Dr Heather in particular was amazing. If all departments were run to 80 percent of the efficiency, caring and humanness of ED, every experience in Canterbury DHB would be amazing. A huge thank you.

Security Department, Christchurch Hospital

Very impressed with the friendliness and helpfulness of Jodie and her security team. The no problem/can-do attitude in helping a patient move their vehicle and return equipment was commendable.

Big Shout Out

Ngaere Dawson, Organisational Development Unit

Ngaere tirelessly and continuously goes out of her way to help so many people. Most recently she organised a working bee to tidy up a deserving colleague's garden, stain the decks, and lay some pavers. A nice surprise when our colleague returns from a well-deserved holiday.

#carestartshere



The Library

["New toolkit offers Māori-centred approach to mental health"](#) – a resource kit featuring activities that help people explore what's important to them using traditional Māori values, helps practitioners develop a wellbeing plan for the patient that resonates with them and their whānau. From *HealthCentral.nz*, published online: 18 April 2018.

["A List Of Rules For Nurses... From 1887"](#) – an article on the lighter side – as well as caring for patients, a nursing job description from 130 years ago outlines a few more guidelines for the nursing candidate, from "bringing in a scuttle of coal for the day's business" to graduate nurses in good standing taking "an evening off each week for courting purposes." From *Scrubs*, published online: 12 February 2018.

["Amelanotic melanoma"](#) – a rarer form of melanoma lacking the classical features of other melanomas is the subject of this article, which advises on the key clinical features to help people recognise these lesions. From *BMJ*, published online: 15 March 2018.

If you want to submit content to **The Library** email communications@cdhb.health.nz.

To learn more about the-real life library for Canterbury DHB:

- › **Visit:** www.otago.ac.nz/christchurch/library
- › **Phone:** +64 3 364 0500
- › **Email:** librarycml.uoc@otago.ac.nz

Facilities Fast Facts

Acute Services building

Thanks to surround glazing and a skylight, the main ground floor lobby of the acute services building will be filled with natural light, as pictured right.

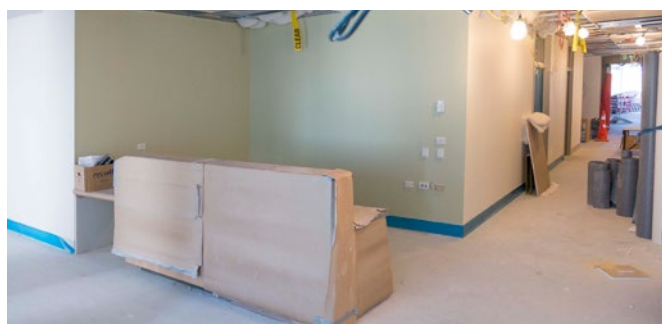


Christchurch Outpatients

Across Level 3 in the Christchurch Outpatients the joinery for staff stations is going in, vinyl is in place along the walls and floors, and walls are being painted. Level 3 has several general surgery consult rooms that are complete.



A finished consult room on Level 3



A staff base on Level 3



Rob Ojala, Clinical Lead for the Facilities Development Project, shows the seismic gap between levels that is among several seismic engineered features of the building



A general patient waiting area on Level 3 with a view out to the Avon River and Christchurch Hospital

Christchurch Hospital campus

The roadway exit from the hospital grounds down onto the Antigua Street and Oxford Terrace intersection is closed to all traffic for several months. This is to enable work to build a roundabout at this exit. There are increased road works around Hospital Corner, so please take care if you are walking or cycling in this area.

Check Otakaro's first newsletter update [here](#) for a detailed update of road works around hospital corner.

BETTER TOGETHER

Destination Outpatients



Tell us what you think?

In the Design Lab facility, there are mock-ups of two areas on Level 2 of the Christchurch Outpatients – a clinical workstation and a staff base. These have been constructed to facilitate discussions regarding the best use of the shared space.

The mock ups will be there from Monday 23 April to Friday 11 May. If you would like to bring staff through the mock ups, please liaise an appropriate time with Heather Manson at the Design Lab (heather.manson@cdhb.health.nz or phone 03 364 0196 ext. 80196).



Shared spaces are set up in the Design Lab for staff to walk around, sit at desks and see how the space works. Make use of this opportunity, it will be time well spent

Meet the COAST team

A 16-strong team of clinicians, administrators and operational staff is already hard at work to ensure the migration into the new Christchurch Outpatients runs as smoothly as possible. Known as COAST, Christchurch Outpatients Ambulatory Services Team, the team members bring decades worth of expertise and inside knowledge of the Christchurch Hospital campus to the table. Their focus is on outpatients and ambulatory services and the transition to SI PICS (South Island Patient Information Care System) for the campus.

Felicity Woodham

Felicity is the Lead for the COAST programme.

"The COAST team has come together with people with different expertise from across the campus. It is exciting as we figure out new ways of working with our wider team that will support successful transitions to SI PICS and the new outpatients facility. Our vision is to continue to provide quality, safe patient care as we embrace SI PICS and migrate into the new outpatients facility."



Pitena Parkin

Pitena provides Administration Support for the Coast team.

"Very rarely does a business get the opportunity to start over with new buildings, systems and ways of working and to be part of helping migrate everyone into the new Christchurch Outpatients is exciting. When it's complete, we'll be delivering an exceptional service to patients in a pleasant environment with the effective use of staff, clinic space and technology. I also hope we will be providing staff with the tools they need to complete this in an environment they enjoy coming to."



Robin Rutter-Baumann

Robin is a representative for the Medical Cluster.

"My job is to ensure the transition to new ways of working is optimised for all parts of Medicine. I do this by being a conduit for ideas. I work with CDs and my Service Manager colleagues to identify opportunities for improvement and provide information so that the cluster can understand and embrace the changes. I really like the vibrancy and diversity of opinion and commitment to make change as hassle-free as possible. The COAST team covers all areas on the Campus so there is a lot of opportunity to get involved in areas outside of my core service responsibilities."



Administrators recognised on Administrative Professionals Day

Administrative Professionals Day was celebrated around Canterbury DHB last Wednesday, with our much valued administration staff in various wards and departments acknowledged for the work they do.

Administration staff in General Medicine at Christchurch Hospital say they were spoiled with a chocolate cake made by Service Manager for General Medicine, Dermatology and Clinical Pharmacology Dave Nicholl, and a coffee bought by the department's Clinical Director David Jardine.

In Ashburton, a morning tea was held for administration staff, including a lucky draw for two movie tickets. The Referral Centre team at Christchurch Hospital organised a shared hot pot lunch.

In the Medical Day Unit (MDU), their key Administrator/ Receptionist Helena Te Koeti was celebrated.

MDU Charge Nurse Manager Hayley Beckman says Helena exemplifies excellent patient service. She is warm and friendly and goes out of her way to ensure that all patients feel welcome regardless of how busy her day is.

Diabetes Administration Team Leader Philippa Shaw made up a 'survival kit' for administration staff containing items such as paper clips, coffee and chocolate and organised a cake for morning tea.

Ward 27 Charge Nurse Manager Donna Galloway says Ward Clerks Emma Inwood and Jeanette Simons are both a huge part of the team and they would be lost without them.



From left, General Medicine administration staff, P.A to Clinical Director Annetta Walker, and medical secretaries Kathryn May and Mary Simes



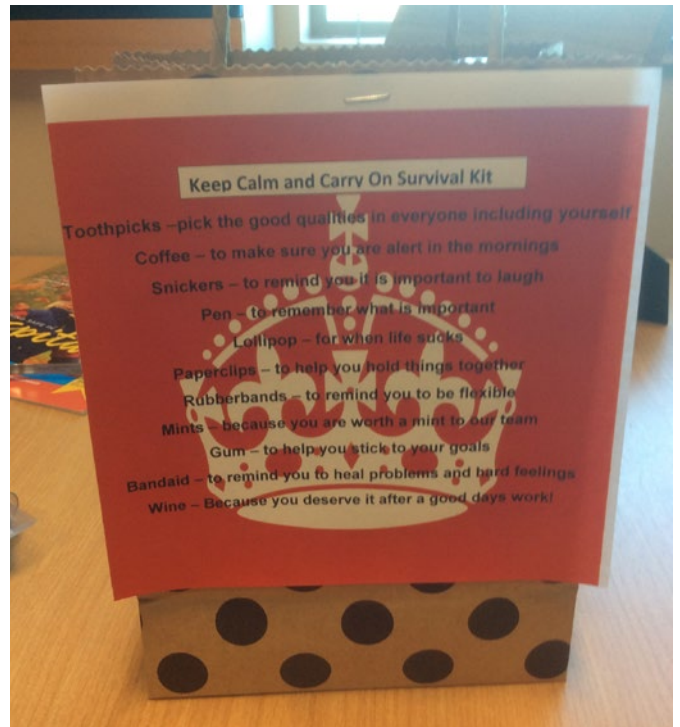
From left, Ward 22 Ward Clerk Sue Parnell with nurses Olivia Nicolle and Chelsea Corbett



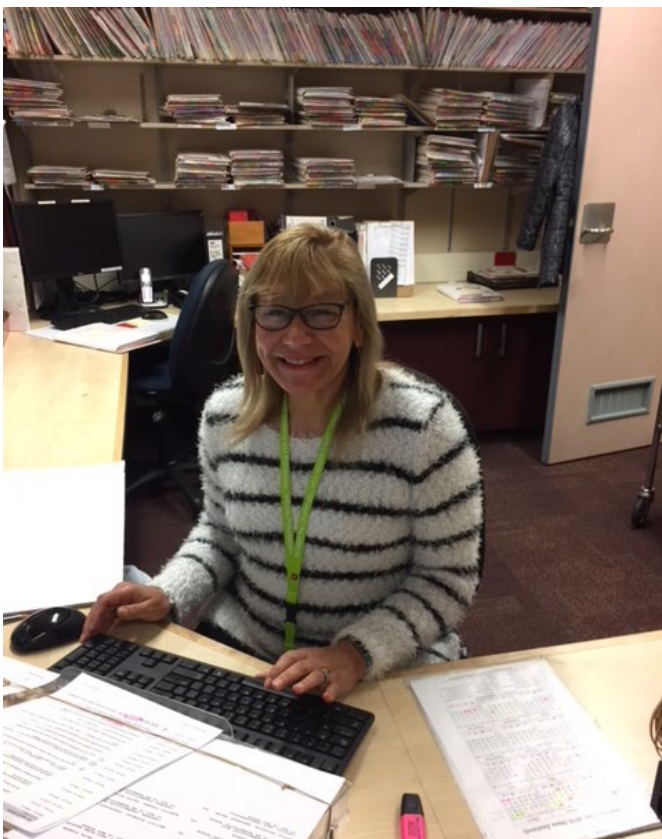
From left, Ward 27 Charge Nurse Manager Donna Galloway gave Ward Clerk Emma Inwood a packet of her favourite sweet snack



Ashburton staff enjoying morning tea



The 'survival kit' made up by Diabetes Team Leader Philippa Shaw for administration staff



Medical Day Unit Administrator/Receptionist Helena Te Koeti



Gift given to Sexual Health administration staff

Older Person Health and Rehabilitation Allied Health Assistants graduate

Congratulations to the six Allied Health Assistants from Burwood Hospital and Community Therapy Services who have completed their New Zealand Certificate in Health and Wellbeing (Level 3) Health Assistance Strand.

This has been a 15-month New Zealand Qualifications Authority course of study for the assistants. They have been assisted and supported during their study by Canterbury DHB staff who are trained CareerForce Assessors. Observers, who are Allied Health clinicians in the assistant's work area, have also helped with the completion of practical components of the course.

A graduation ceremony took place late last month at Burwood Hospital.



From left, Burwood Hospital Physiotherapists and Assessors Penny Yule-Yeoman and Angeline Wong; Allied Health Assistant Ward B2 Burwood Hospital Ina Janssen-Wealleans and her children; Allied Health Assistant Community Therapy Services Suzanne Gough; Executive Director Allied Health Stella Ward; Allied Health Assistant Ward B2 Burwood Hospital Susan Stratton; Allied Health Assistant Community Therapy Services Sue Harland; Allied Health Assistant Community Stroke Rehabilitation Service Paula Chard.
Right front: Allied Health Assistant Ward C1 Burwood Hospital Catherine Weerasinghe

South Island Eating Disorder Service farewells Social Worker Eleanor Anderson

South Island Eating Disorders Service (SIEDS) have recently said a fond farewell to their highly regarded Senior Social Worker Eleanor Anderson.

Eleanor has decided, after 40 years of working in the social work field, that it is time to retire and have some very well-earned time for herself, her family and her garden.

Eleanor completed a degree in psychology in 1977 and spent the next two years in Dunedin working in a Social Welfare home for girls. This ignited her passion for social work and she undertook and completed her social work training in 1982.

Since that time, Eleanor has maintained her passion for making a difference in people's lives and this has been a guiding principle for her work.

The team at SIEDS wish Eleanor well for her retirement.

Clinical Manager David Egan says they are losing someone who has a refined sense of humour, an enormous amount of wisdom and compassion, and who has been a highly effective team member.

"We will also miss her accent and laugh!! Go well Eleanor, with best wishes from all of us."

All the best for a long and happy retirement Eleanor.



From left, Specialist Mental Health Service Social Work Clinical Lead Brenda Cromie chats with Social Worker Eleanor Anderson at the recent gathering to mark Eleanor's retirement



Recognising ANZAC Day

Poppies will be distributed to patients in the Older Persons Inpatient Service wards at Burwood Hospital on ANZAC Day by officers and cadets from the New Zealand Cadet Forces. A piper will be playing at Burwood Hospital at this time too.

A poppy wall has been set up in the Christchurch Hospital Chapel as an opportunity to remember ANZAC Day and all those who are affected by war, and give thanks for those who gave their lives. You are invited to place a poppy on the wall to remember the sacrifices made and take the opportunity to be still.

There will be a dawn service in Cranmer Square on Wednesday at 6:15am and a Citizens' Service at 10am in Christ Church Cathedral.

ANZAC Day is the solemn day of remembrance of the Australian and New Zealand Army Corps soldiers who fought and died for their country. It is marked annually on 25 April, the anniversary of the Gallipoli campaign of the First World War.



Allied Health career rewarding

Director of Allied Health Older Persons Health and Rehabilitation (OPH&R) Wendy Fulton, who has spent her whole career in the Canterbury Health System, retires next Monday.

Wendy, whose first job was as a physiotherapist, has worked under 10 hospital managers in that time under a number of differing organisational structures.

"It may not sound very adventurous working for the same organisation all your life, but I have had many wonderful opportunities and feel privileged to have been part of a period of time in the health system where significant change has been demonstrated".

As a newly graduated physiotherapist Wendy worked at The Princess Margaret Hospital (TPMH) when it was a large acute surgical hospital and the building was just 13 years old. A few years later she married a farmer and moved to North Canterbury and had a family of four sons.

Wendy returned to physiotherapy in 1986, working at Burwood Hospital across all areas. She spent five years in the Burns and Plastics Unit there, until it moved to Christchurch Hospital in the 1990s.

She then took up the role of Assistant Charge Physiotherapist before eventually leaving clinical work to move into other leadership positions. Wendy was appointed to her current role in 2010, just prior to the September 2010 earthquake.

Leading and managing staff in Allied Health has been rewarding, she says.

"I may not actually be in contact with the patients on a day-to-day basis, but my job has been to make sure that the right care is delivered to the right patients at the right time. There is huge satisfaction in that and still more to accomplish."

Seeing staff progress through their careers and go on to various fields of research is also gratifying.

"A number of staff in Allied Health now have PhDs."

Finishing her working life at the new Burwood Hospital facilities is a pleasure.

"My successor will be very fortunate to join the OPH&R Leadership team and its way of working. Thank you to all who have supported my role," Wendy says.



Wendy Fulton

In her retirement Wendy plans to pursue a range of interests, spend time with her husband and family, go to their sports games, travel, and have the freedom to plan her days as she wishes.

"The calendar at home will look very different."

Dan Coward, General Manager, Older Persons Health, Orthopaedics & Rehabilitation Services, says he would like to acknowledge Wendy's work within the OPH&R Leadership Group and throughout Canterbury and West Coast DHB - "and I would especially like to acknowledge her support of OPH&R Allied Health".

One minute with...

Ann Vanschevensteen, Health Promoter

What does your job involve?

I work at Community & Public Health as a health promoter in Healthy Workplaces, so I offer support, resources and links to employers like Tip Top Bread and Tanker to help them 'work better through wellbeing.'

Why did you choose to work in this field?

When I first arrived in New Zealand, I did various temping jobs for Canterbury DHB. The work that Robyn Moore and the Youth Futures Team did in adolescent sexual health really inspired me. I needed some more experience working with adolescents, so I tutored at the Salvation Army for three years, and after that I was able to join the sexual health team.

What do you like about it?

The variety and people! I've worked in sexual health, early childhood, breastfeeding, health information (remember 'the Pamphlet Place'?), nutrition (the Fruit & Vege Co-op), and now workplace health, so it's a role that offers many opportunities and you get to meet and work with some great people.

What are the challenging bits?

Reminding myself to be patient about the often long-term nature of health promotion.

Who inspires you?

So many of my colleagues who are dedicated to making a difference!

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

To me, these values are part of everyday life – they're not just about work. I think they're all essential to being a happy healthy person.

One of the best books I have read was...

John Irving's *Cider House Rules* (or anything by Donna Leon, Alexander McCall Smith or Jan-Willem van de Wetering).

If I could be anywhere in the world right now it would be...

Having a swim with my family in Sydney's Bronte Baths ocean pool.



Ann and her children enjoying the water in Sydney

What do you do on a typical Sunday?

Make and have breakfast together with our two teenagers, go for a ride on my e-bike, then catch up with friends or read a book.

One food I really like is...

An oven baked dish from Belgium that my mum makes beautifully: it's witloof rolled in ham with mashed potatoes and a Gruyère cheese sauce – a real occasional treat.

My favourite music is...

Whatever's on the playlist at NLNL (No Lights, No Lycra) on Wednesday nights... something old, something new but always something great to dance to!

If you would like to take part in this column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz.

Pick your time and write it down!

Thanks to the thousands of Canterbury DHB staff who've already had their flu shot. The uptake has been amazing – cheers for doing the right thing and protecting yourself and those around you.

For those of you who haven't got around to it yet then the latest science could be just the nudge you need to make it happen...

The simple act of writing down the specific date and time when you're going to get your flu shot has been shown to [increase the likelihood of getting vaccinated](#). It's a great way to ensure you make time for looking after you. Details of free staff flu vaccination clinics are [on the intranet](#) – there's also a list of this week's clinics below.

Flu clinics for the week starting 23 April

Ashburton

- › Monday 23 April: 2-3pm
- › Thursday 26 April: 10-11am

Burwood

- › Monday 23 April: BWD 1:1 22:00- 23:30
- › Tuesday 24 April:
 - › BWD 1:1 07.30 – 10.00
 - › GG 11.00 – 12.00
 - › Operating theatre 13.00 – 14.00

Specialist Mental Health Services

- › Monday 23 April: CSU 12.00-13.00
- › Tuesday 24 April: CSU 14.00-15.00
- › Thursday 26 April: CSU 12.30-13.30
- › Friday 27 April: FC 08.00-10.00 & FC 14.30-16.30

Christchurch Campus

If these times or locations don't work please contact an authorised vaccinator in your work area to make a time that suits ([there's a list of authorised vaccinators on the intranet](#)).

- › Monday 23 April:
 - › Great Escape 09.00-12.00
 - › ED 14.00-15.00
 - › G195 Otago Room (behind shops) 16.00-17.00
- › Tuesday 24 April:
 - › Pharmacy 09.30-10.30
 - › CWH LGF Conference Room 11:30-12:30
 - › Great Escape 13.30-15.30
- › Thursday 26 April:
 - › Great Escape 09.00-11.00
 - › CHL 12.30-14.30
- › Friday 27 April:
 - › Oxford Tce: Level 1 09:30-10:30 | Level 2 10:45-11:45
 - › Oxford Tce: Level 3 13:00-14:00 | Level 4 14:15-15:15
 - › Eye Outpatients 12md-13:00

Cath Pink: Flu Fighter

“It's keeping ourselves healthy, to keep our patients safe.”



Canterbury Grand Round

Friday, 27 April 2018 – 12.15pm to 1.15pm with lunch from 11.45am

Venue: Rolleston Lecture Theatre

Speaker 1: Rob Ojala, Clinical Lead, Facilities Redevelopment – “Facilities – Where the heck are we?”

An update on where we are, when we’re moving and what’s next.

Speaker 2: Stephen Mark, Urology – “Big Data and Urology – Can it help?”

Health Round Table big data is available to improve efficiency and effectiveness of public hospital care. Urological Society of Australia and New Zealand and Canterbury DHB have a two-year pilot project to improve urology care within New Zealand DHBs – initial report presented.

Chair: Mark Jeffery

It is requested out of politeness to the speaker(s), that people do not leave half way through the Grand Rounds

This talk will be uploaded to the staff intranet within approximately two weeks

Video Conference set up in:

- › Burwood Meeting Room 2.3b
- › Wakanui Room, Ashburton
- › Administration Building, Hillmorton
- › The Princess Margaret Hospital, Riley Lounge
- › Pegasus, Room 1.02

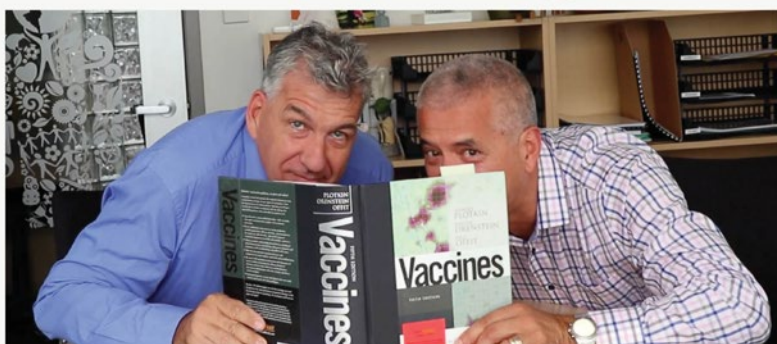
All staff and students welcome

Next is – Friday, 4 May 2018

Rolleston Lecture Theatre

Convener: Dr R L Spearing (ruth.spearing@cdhb.health.nz)

Doctors Pink and Humphrey bust flu myths



**Myth six:
The vaccine is not effective**

Vaccination is your best protection against the flu. This year’s quadrivalent vaccine covers the four major types of seasonal influenza virus.

If you have been immunised and then get the flu, it’s likely that you won’t get it as badly and you’ll recover quicker.

For more flu myth busting go to the intranet

Vaccine trial for pregnant women

The University of Otago, in collaboration with Christchurch Women's Hospital, is currently recruiting pregnant women for a clinical trial of a new RSV (respiratory syncytial virus) immunisation.

RSV is the virus that causes bronchiolitis in babies and infants, frequently leading to hospital admission. The vaccine or placebo is given to women during the third trimester of pregnancy to protect their babies from severe RSV infection.

This trial is an international study that will determine the efficacy of the vaccine for protecting babies against RSV. Christchurch is one of four New Zealand sites taking part in this global trial, now coming into its third year of recruitment. Over 3000 women worldwide have received either vaccine or placebo to date, 150 of whom were recruited in New Zealand.

The study is looking to recruit interested, eligible pregnant women, from **now** until the beginning of July. Potential participants will need to be:

- › **Due to give birth between 3 April to 1 August 2018**
- › Aged between 18-40 years old
- › In good general physical health
- › Singleton pregnancies.

The study is keen to discuss the trial in more detail if you are interested in participating, or know someone who is, and answer all your questions.

Please contact Di Leishman, Research Midwife, to arrange a meeting:

email: di.leishman@otago.ac.nz
or phone: 3644 631



RSV Vaccine in Pregnancy Study

Does Respiratory Syncytial Virus (RSV) vaccine in pregnancy protect babies against lung disease?

RSV is the leading cause of lung disease in infants and young children and can be serious.

By the age of two, almost all children have been exposed to RSV.

RSV illness early in life may also increase the chances of a child developing wheezing and asthma when they are older.

This study is to find out whether giving an RSV vaccine during the last trimester of pregnancy will provide protection in new-born babies against RSV disease.

Who may be eligible to participate in this RSV Study?
Healthy 18-40 year old pregnant women.

Interested?

Contact: Di Leishman Research Midwife
Ph: 3644 631 Email: di.leishman@otago.ac.nz



Approved by the Central Health and Disability Ethics Committee

CHMSA invites you to attend a symposium...

“We are all responsible: Gender inequities in medicine, and why that must change”

Thursday 26 April 2018, Rolleston Lecture Theatre

Light refreshments available from 4.45pm

Presentations from 5.15pm

THE PRESENTATIONS...

1. **Angela McGregor:** Unintentional bias in medicine, and the relative attractiveness of surgical specialties
2. **Caprice Greenberg:** Sticky Floors, Glass Ceilings
3. **Spencer Beasley:** How perceptions around the attractiveness of specialties and unconscious biases in selection for training affect gender equity

This symposium tackles head-on those difficult and sensitive questions around the culture of medicine, especially as it pertains to unintentional biases against women, and the fact that it is a problem perpetuated by both genders – yet any of us would be appalled to think that we were complicit. What needs to happen if women are to succeed in a very pressured and male-dominated specialty? Be confronted!

International guest speaker, Professor Caprice Greenberg MD MPH is a tenured Professor of Surgery and the Morgridge Distinguished Chair in Health Services Research at the University of Wisconsin. She is a surgical oncologist specialising in breast cancer and a health services researcher focused on improving patient safety and quality of care.

Presented by:



Health Research
Society of Canterbury

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10 topics, 10 researchers, one great evening.

Wed 16th May, 6.30pm – 8.30pm

Foyer of Kahukura (K Block)

Moorhouse Avenue, Ara Institute of Canterbury

Book your seat now

www.talkinghealth.co.nz

The programme is supported
by the Health Precinct's partners



University of Otago, Christchurch

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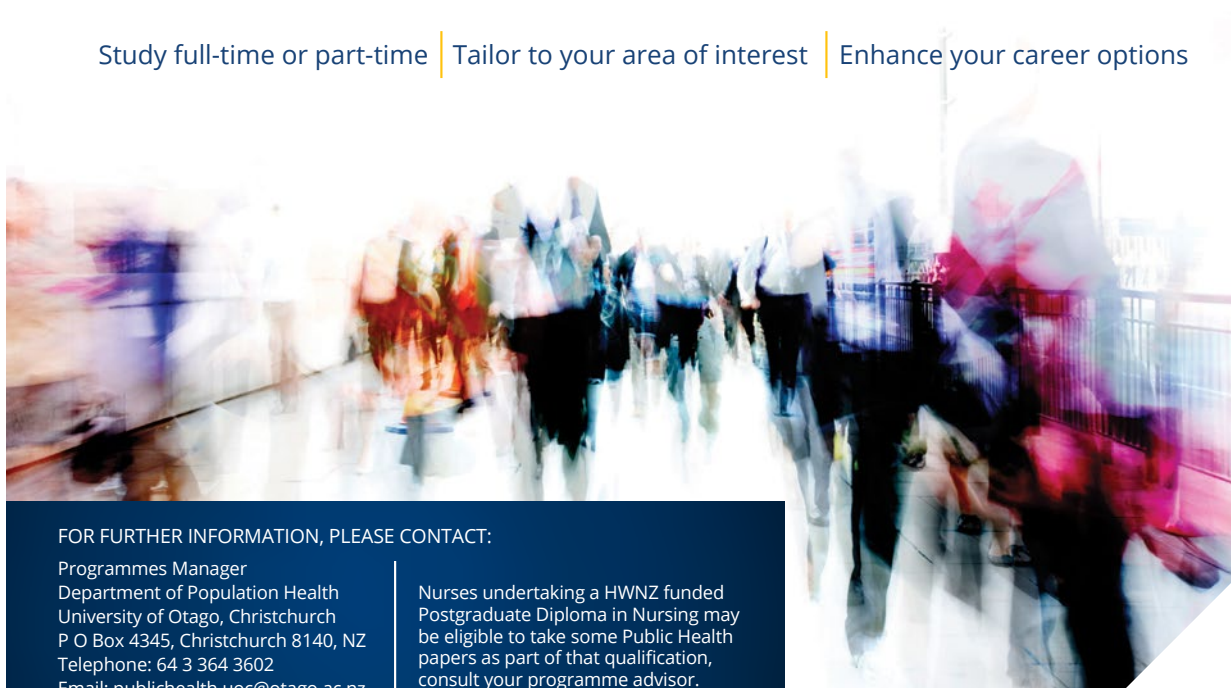


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FOR FURTHER INFORMATION, PLEASE CONTACT:

Programmes Manager
Department of Population Health
University of Otago, Christchurch
P O Box 4345, Christchurch 8140, NZ
Telephone: 64 3 364 3602
Email: publichealth.uoc@otago.ac.nz

Nurses undertaking a HWNZ funded Postgraduate Diploma in Nursing may be eligible to take some Public Health papers as part of that qualification, consult your programme advisor.

otago.ac.nz/publichealth



Christchurch Campus Quality & Patient Safety Team

Invitation to all staff

**QUALITY & PATIENT
SAFETY PRESENTATION**

Come and join us for 30 minutes

TOPIC: Attitude is everything

Miles Hilton-Barber, who went blind in his early twenties, describes his attitude to his blindness and life and the incredible feats he has achieved.

Exceptional talks

**Sharing ideas on Risk, Human Performance,
Teams and Leaders**



Recorded at the 2009 Risky Business in Healthcare Conference

Venue: **Oncology Lecture Theatre**
Date: **Thursday 26th April 2018**
Time: **1.15 to 1.45 pm (note different start time)**

*An attendance record sheet will be provided.
A link to the presentation can also be provided
Please contact Shona.MacMillan@cdhb.health.nz, Quality Manager*